



Members of the 2016
Patient and Family
Centered Care
Steering Team

Pamela Bell, MDiv, BA Director and Co-Chair, PFCC

Charles Vannoy, DNP, MBA, RN, ,NEA-BC Assistant Vice President, Women's and Children's Services and Emergency Services and Co-Chair, PFCC

Claudia Allocco Nancy Barrett-Fajardo, RN Suzanne Bryjak, RN Sherry Campanelli, RN Valerie Colangelo Mary Collins, APN **Daniel Coss** Meryl Davis, RN **Peter Diestel** David Escobar, RN Susan Gehringer, RN Bettyann Kempin, RN Mary Kirchmeier, RN Erica Krywicki Ann Marie Leichman, RN Pamela McConville, RN Melissa McGrath, RN Rachelle Morales, RN **Michael Mutter Deborah Panetta Theresa Reis** Judith Rojo, RN JoAnn Selser, RN Mary Sudano, RN **Elizabeth Tortorella** MaryAnn Vecchiotti Joseph Yallowitz, MD Jamie Zavardino, RN

From the Director of Patient and Family Centered Care (PFCC)



In PFCC Culture, the Journey Is the Destination

What a year! 2016 proved to be another busy and fulfilling year as we continue our PFCC journey throughout the healthcare system. I hope that you will join me in feeling the pride and excitement that comes from reading about the good work our advisors are doing! You will find that this report incorporates the many ways we are influencing care not only here at Valley but throughout the healthcare industry in our country!

It has been said that you are only as good as the people around you. I believe that! We have many talented people around us serving as advisors. Without each and everyone one of you, we would not be able to influence care. We are also fortunate to have full administrative support in incorporating PFCC tenants into the strategic plan. The PFCC Steering Team includes leaders and frontline staff that are dedicated to the continuous quality improvement of patient and family centered care. I have the good fortune of working with Charles Vannoy, DNP, MBA, RN, NEA-BC. Assistant Vice President of Women's and Children's and Emergency Services, who serves as the Co-Chair of the PFCC Steering Team. He was recognized this year by the Organization of Nurse Leaders of New Jersey! Together, we are making a difference in our patients' and families' lives. I am forever grateful for each and every one of you. We are already looking toward 2017 with new adventures and focusing in on patient safety as the healthcare system embraces the concepts of being a Highly Reliable Organization.

If after reading this report you are inspired to join us, please contact me directly at 201-447-8650 or at revbell@valleyhealth.com.

All the best!

Panzela D. Bell

Pamela S. Bell, Director, PFCC

getwell:) network

The GetWellNetwork (GWN) is an interactive patient/family tool that provides education at the bedside through the television system. Advisors participated in the development of the system, as well as the implementation plan. The Steering Team meets monthly to discuss the use and impact of the system and includes an advisor in its

membership. You will note on the 2016 dashboard, as seen on page 4, that the GWN has helped to improve our Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) Scores. Specifically these areas include: Communication about Medicines, Communication with Nurses, Responsiveness of Staff and the Discharge Process.

The GWN has not been the only project that has influenced our patient experience regarding communication about medication. A multidisclipinary task force including a patient/family advisor was created to improve the medication reconciliation process with a focus on medication discharge instructions. Improvements are underway and continuous.

Medication reconciliation seemed to be the buzzword for the year. Members of the Valley Home Care PFAC were involved in a medication reconciliation project that included shadowing Home Care staff during the initial visit when the medications were reviewed in the home. Some findings led to a new quality process for reviewing medications in the homecare setting, as well as the utilization of a newly edited medication wallet card.

1. 2.		medications including	, supplen eye drop	s, creams	ritamins, , etc.,
3.		I am takin	g regular	ly or as n	eeded.
4.		(Cre	oss out if dis	continued)	
5.		Medication name	Cannon ath	No. of tabs/caps	How ofter per day
Medication Alle	raies:	Medication		M tabs/caps	once.
	Type of Reaction	Pleateation	10mg A	IVIITADE	unce
Name:					
Address:					
Phone Number:					
Date of Birth:					
Height:	Weight:				
Doctor's Name and P	hone Number:				
Pharmacy Name and	Phone Number:				
Emergency Contact N	Jame and Number:				
amergency domain					
Personal Medi	instinu Coud				
It is important to ke medications with vo	eep a list of current ou at all times. The Valley				
Health System is ple	eased to provide you with				
this card to make th	is possible.				
For additional copie		E	Blood Pre	essure	
call 201-291-6330 or www.ValleyHealth.c		Date			/
www.vaneyHealth.c	.om	Date			
	11.11	Date			/
	Valley Health	Date			
CONTROL	System		_		

This project also lent itself to a system-wide initiative by utilizing medication wallet cards in the hospital discharge patient packets.

A multidiscliplinary Falls Task Force, including patient/family advisors, implemented a new teaching tool to better partner with patients and families about their risk for falls. You will find our decrease in falls noted on the dashboard, as seen on page 4.



Changes to the first floor of the hospital campus were made, incorporating many of the suggestions made by advisors during a wayfinding survey conducted in 2013. These changes include: Different colors at each elevator bank, as well as a tree mural for easy identification of the first floor; chairs with side table options in the surgical waiting area; hassocks at each chair; and a decorative screen to promote a sense of privacy in a public area.



Guest dining options, including free coffee at ValleyJava after hours and light meal vending machine options were added. These changes were made to ensure we are meeting the dining needs of our guests with the implementation of the Welcome Policy, which allows families to visit patients without time restrictions.

Measures of Success Dashboard



REPORTING PERIOD 2016

PFCC Goals		Major A	ccom	plishment	Major Accomplishments this Period	po	
Establish effective Patient and Family Advisory Councils in the System	mily	Created K advisors in	ierker Ch ivolved ii	Created Kierker Child Development C advisors involved in over 70 projects.	nt Center PFA(cts.	Created Kierker Child Development Center PFAC a total of 8 PFACs & 110+advisors involved in over 70 projects.	ACs & 110+
Provide coffee free of charge for overnight guests	overnight	Less than	10 per ni	ight average c	ups of coffee gi	Less than 10 per night average cups of coffee given with no notable issues.	able issues.
Frontline staff participation in PFC	in PFCC Classes	1400+ systeme implementation	item emp ation	oloy ees have a	tendedtraining	1400+ system employ ees have attended training sessions since implementation	
Areas of Influence	2015	2016			HCAHPS Specialty: All Units	S II Units	
Ambulatory Care comfort of family waiting area (Press Ganey Patient Satisfaction Measure)	92.8	93.6	8 8 8				
Staff attitude towards visitors/guests (Press Ganey)	91.4	91.9	75 70 88				
Inpatient comfort of visitors/guests (Press Ganey)	84.7	85.3	8 88				
Fall Rate (Patient Safety)	2.00	29.	92	Comm about Medicines	Comm wiNurses	Responsiveness	Discharge
			200	600	100	700	949

82.6 87.3 88.8 86.7

68.2

78.6

562

Otr 2

57.5

0.37

0.49

Fall Rate with Injury

(Patient Safety)

THE WALL STREET JOHNS. Some hospitals are bucking tradition by allowing family and friends of intensive-care patients to visit whenever they want. For which is a support of the property of

Valley was highlighted in the *Wall Street Journal* for its implementation of the new Welcome Policy, which enables family members to be present with the patient at all times.

On November 10, Senator Cory Booker's aide, Bianca Madzrova, met with advisors and members of the PFCC Steering Team to discuss our initiatives to improve the patient/family experience by embracing the PFCC culture.



PFCC Steering Team with Bianca Madzrova, Aide to Senator Cory Booker (standing fifth from right)

Three posters were presented at the International Patient Family Centered Care Conference in July. Deborah Panetta, BS, RTT, and Brian Byrne, Patient Advisor, presented on the Luckow PFAC and *Cancer Creates* Newsletter. Elizabeth Tortorella, MSW, CAVS, Director, Volunteer Services; Claudia Allocco, MLS, Director, Medical Library; and Janet Weis, Patient Advisor, presented on the Hospital PFAC, Patient Portal and Consumer Health Advisor Ambassador Programs. Melissa Ruffilo, RN; Joan Zanotti, BAS, RN, CEN, EMT-NJ; and Paul Redfield, Patient Advisor, presented on the Emergency Department (ED) Patient Shadowing Project and the new ED Patient Care Map.



International Patient Family Centered Care Conference (pictured left to right: Janet Weis, Patient Advisor; Elizabeth Tortorella, Director, Volunteer Services; Claudia Allocco, Director, Medical Library; and Joseph Yallowitz, MD, Vice President and Chief Medical Officer, Medical Affairs)

Charles Vannoy, DNP, MBA, RN, NEA-BC, Assistant Vice President of Women's and Children's and Emergency Services, and Co-Chair of the PFCC Steering Team, received the Divisional Leader Award from the Organization of Nurse Leaders of New Jersey. He was presented this award in part for his work with PFCC and helping to change the culture to a more patient family inclusive environment.



Charles Vannoy, DNP, MBA, RN, NEA-BC
Assistant Vice President of Women's and Children's and Emergency Services
and Co-Chair of the PFCC Steering Team,

Other examples of PFCC at work outside of the hospital and health system include:

I. Webinar Instructor for the American Institutes for Research, which is providing support for patient and family engagement in the current Partnership for Patients program.

The Center for Medicaid/Medicare Services (CMS) established metrics for Person and Family Engagement (PFE) as part of their strategy for the Partnership for Patients initiative.

There are five metrics.

Two of us were instructors for a recorded webinar regarding metric three "Hospital has a person or functional area, who may also operate within other roles in the hospital, that is dedicated and proactively responsible for Patient and Family Engagement and systematically evaluates PFE activities."

This webinar will be one in a series available to hospitals across the country.

II. Johns Hopkins Armstrong Institute for Patient Safety and Quality Study

Several advisors are participating this study. It partners with patients and families to improve care for mechanically ventilated patients. The work will help determine what patients and their families should expect when they are mechanically ventilated in the ICU and beyond.

One possible outcome of the study will be the development of a patient and family centered toolkit. The platforms for these tools may include apps, websites and/or written materials available to all families throughout the country.

III. Center for Outcomes Research and Evaluation (CORE) and National Partnership for Women & Families National Patient & Family Engagement Network

Both organizations are working together to form a national Patient & Family Engagement Network.

This network will be providing input and guidance on CORE's quality measurement work, contracted under the CMS.

CORE's contract with CMS is to develop, implement, and reevaluate important quality measures for hospitals and outpatient settings.

We have advisors participating in 3 of the 4 areas: Percutaneous Coronary Intervention-Patient Reported Outcome Measure, Hospital All-Cause Mortality Measure, and the larger National Patient and Family Engagement Network.



Additional accomplishments during the year include:

- NICU PFAC advisors made candy jar gifts for nurses during Nurse's Week with messages of thanks!
- * Cancer Creates newsletter expands to Facebook and blogs.
- Advisor involvement in the design of the ED "Back to Basics" class designed for ED Staff.
- Palliative care advisor spoke at four events to promote the service.
- Population Health Steering welcomes advisor to team.



- * Advisors reviewed new patient White Boards.
- * Advisors participated in the High Reliable Organization System Assessment Interviews.
- Recruited Advisors for the new Kireker Center for Child Development PFAC.
- Held our third System PFCC Annual Meeting.
- Hosted several site visits from hospitals based on our successes.
- Presented at NJ Hospital Association and to Ramapo College senior nursing students.
- * Taught four PFCC classes with VMG Staff attending for the first time.
- PFAC Seal of Approval on 45+ documents.
- 4,160 hours of service contributed by Patient and Family Advisors.
- Consumer Health Ambassadors rounded with 3,745 patients and family members with 400 requests fulfilled for healthcare information related to medical condition.

2016 Annual Meeting



2016 Annual Meeting

Thank you to our 2016 Patient and Family Advisors for the wisdom, passion and dedication you bring to your work and partnering with us to make Valley Health System an even better place to be!

Kara Adams

NICU Parent Buddy, Projects, Special

Events

Bethany Agrati

NICU Fundraising/Special Events, Parent

Classes

Mary Allen

NICU Parent Buddy, Fundraising, Projects

Claudia Allocco Surgical PFAC Pamela Alson

Luckow PFAC

Gloria Avitabile

Luckow PFAC

Tom Bengaff

Valley Home Care PFAC

Alan Branch

Ambassador Cardiac Pulmonary

Ines Bunza

Inpatient Quality and Patient Safety

Council

Brian Byrne Luckow PFAC Aaron Cavallario

NICU Fundraising/Special Events, Parent

Classes

Lori Cavallario

NICU Fundraising/Special Events, Parent

Classes

Mary Clark, MD

Hospital PFAC, Surgical PFAC

John Clarke NICU PFAC

Valerie Colangelo

Hospital PFAC, Consultant

Patricia Colbert
Breast Center PFAC

Kay Collins

Ambassador Total Joint Replacement

Center

Nicholas De Marco

Other Projects
Lorie Den Boer
Surgical PFAC
Keith Dietel

Mended Heart Volunteer

John DiSalvo

Ambassador Patient Portal, Information

Systems

Joan Donoghue

Professional Recognition & Development

Council

Patrice Duker NICU PFAC Basil Fanaras

Mended Heart Volunteer

Harold Ferguson
Hospital PFAC
Angela Flanagan

Ambassador Total Joint Replacement

Center

Thomas Freeswick

Hospital PFAC, Valley Home Care PFAC

Loredana Gabriele

NICU PFAC Peggy Golish

Ambassador Consumer Health

Susan Gralla

Inpatient Patient and Family Experience

Council

Allan Harriman

Cardiac PFAC, Inpatient Patient and

Family Experience Council

Thalya Hayes

Kireker Center for Child Development

PFAC Rolf Henel

Population Health Advisor

Marie Hickok

Women and Children's Services Quality

and Patient Safety Council

Jane Hoder

Ambassador Total Joint Replacement

Center, Luckow PFAC

Stella Howie

Ambassador Patient Portal, Information

Systems

Catherine Ilardi Breast Center PFAC

Sidney Katz

Ambassador Total Joint Replacement

Center

2016 Patient and Family Advisors contil

Ted King

Surgical PFAC **Harold Kirschenbaum** Valley Home Care PFAC, PI Council **Roger Knauss** Surgical PFAC, Interactive Patient Care Steering Team **Mary Lacroce Ambassador Consumer Health** Michelle Laskowski Valley Home Care PFAC **JoAnn Leonard** Cardiac PFAC Carla Lindenmuder **NICU Co-Chair Foundation Project** Committee Christina Lisa CHF Ambassador, Cardiac PFAC **Anna Locke** NICU Parent Buddy, Parent Class PFAC **Cherilyn Magda** Kireker Center for Child Development **PFAC Barbara Maniscalco** Security Committee, Luckow PFAC **Roberta Mav Ambassador Consumer Health Robert McDonough** Ambassador Patient Portal, Information Systems Joanne Menz Cardiac PFAC Diana Mikula NICU Parent Buddy, Foundation Karen Mitchell **Luckow PFAC PFAC Kristine Morieko NICU Parent Buddy Linda Morrisette** Ambassador Total Joint Replacement Center **PFAC Jean Neri Hospital PFAC Barbara Noto Breast Center PFAC Carole Norman** Ambassador Total Joint Replacement Center **Lisa Parker** NICU Fundraising, Projects

Jaclyn Passanante NICU Parent Buddy **William Patterson** Security Committee **Gary Paton** Hospital PFAC **Betty Paton** Outpatient Patient and Family Experience Council **Nancy Pianfetti** Integrative Healing Council **Cheryl Poggi NICU Foundation Projects** Lisa Polidoro NICU Fundraising/Special Events **Phyllis Quinn** Cardiac PFAC Patti Raffaele Kireker Center for Child Development **Margaret Ray** Ambassador Patient Portal, Information **Systems** Isabel Reddy Luckow PFAC Paul Redfield **Emergency Department, Patient and** Family Experience Council **Diane Reed NICU Foundation Project Committee** Monika Richardson NICU Fundraising/Special Events **Jules Royak** Surgical PFAC Rich Rubino Kireker Center for Child Development **Kay Ruvolo NICU PFAC**

Jeri Saver

Kireker Center for Child Development

Kathleen Sayles, RN **Hospital PFAC** Meri Schachter, MD

Valley Home Care PFAC

Maria Schiavo

Surgical PFAC, Ambassador Consumer Health, Surgical Patient Family

Experience Committee

Michael Schultz Surgical PFAC **Meredieth Seeney**

Kireker Center for Child Development

PFAC

Lauren Seltenrich NICU Parent Buddy **Nicole Serhat NICU PFAC Edward Shevlin**

Mended Heart, Hospitality, Cardiac PFAC

Benjamin Sims

Palliative Care Steering Team

Joyce Sinclair Hospital PFAC Sherrill Spaak **Breast Center PFAC Catherine Stanczuk Breast Center PFAC** Allison Stein-Jackter NICU Parent Buddy **Diane Stelling**

Surgical PFAC, Ambassador Information

Systems

Joyce Suggs Luckow PFAC Shannon Sullivan

Kireker Center for Child Development

PFAC

George Tashii

Geriatric Center for Excellence Committee

Rene Marie Testa-Adams

Acute Stroke Team Rai Thandani

Valley Home Care PFAC

Annamae Tolomeo

Valley Home Care PFAC

Liz Twiggs NICU PFAC

Robert A. VerNooy, Sr.

Hospital PFAC **Dawn Ward-Lau**

NICU Co-Chair Antepartum Connect

Janet Weis

Ambassador Consumer Health

John Weiss Cardiac PFAC **Libby Wexler**

Ambassador Cardiac Surgery, Cardiac

PFAC

Andrea Whalen Breast Center PFAC Joan Whittaker **Breast Center PFAC Eric Wickstrom NICU PFAC**

Tangela Williams-Hill

NICU PFAC

Jacqueline Wilson

Ambassador, Total Joint Replacement

Center

Jane Woodward **Hospital PFAC Susan Wright Hospital PFAC Rachel Youngren**

Kireker Center for Child Development

PFAC

Coming Up on the 2017 Horizon

PFCC initiatives will continue to be tied to organizational objectives in 2017. We will continue our participation in making the health system a high reliability organization. Our role will also be expanding to include Valley Medical Group. Watch for more details to come.

"I enjoy working with so many dedicated people at Valley - and in particular the PFAC. Everyone seems to be deeply interested in improving the quality of patient care - particularly from the patient perspective. I feel my input is appreciated." *Rolf H. Henel, Advisor*

"Serving as an advisor allows me to ensure that the voice of patients and their families is heard on hospital committees and elsewhere when decisions are being made about the provision of healthcare. It also provides me with an opportunity to use my lifetime of education and experiences to impact the lives of others. Importantly, there is no better feeling than knowing that your volunteer activities are helping others in their time of need." Harold Kirschenbaum. Advisor

"I was extremely intrigued by, and glad to be part of, the information pamphlet setting up the seed radiation process. In addition, the fact that the committee, all of whom have dealt with breast cancer situations, is able to offer insight that could be helpful to patients is gratifying." *Sherrill Spaak, Advisor*

"Working as an advisor has allowed me a way to give back for the stellar care I received as a patient, and to continue being a part of what I felt to be an extended family. I feel that our voices are truly being heard and respected, that we are valued as part of the team, and that we are making a difference in enhancing the patient and family experience." *Valerie Colangelo, Advisor*

"My father was a patient of Valley Home Care. The excellent care provided by the Valley team got me thinking of ways in which I could contribute to the Valley community. It is my hope and goal, to provide a perspective of a care giving family member in a way that can help other patients and families. I am pleased to be part of the Valley Home Care PFAC." Raj Thandani, Advisor

"My original thought about becoming an advisor - in my case as a member of the palliative care committee - was to contribute in a meaningful way to those who are enduring the same terrifying ordeal that I witnessed my sister go through. But I believe I have received much more than I could possibly give. I have been privileged to witness firsthand the dedication of the doctors and nurses whose sole aim is to improve the lives of Valley's patients."

Benjamin Sims, Advisor

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OUR PATIENTS AND THEIR FAMILIES
TO PROVIDE EXCEPTIONAL CARE,
TODAY AND EVERY DAY.







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